

Letter of Intent  
Plymouth School Committee  
December 10, 2024

To all it May Concern,

Please accept my intentions to secure a position on the Plymouth School Committee. With my deep roots in Plymouth's soil, I am certain I can serve with the best intentions, efforts, and outcomes to serve the Plymouth community.

I am a third generation Plymouthian. I attended Plymouth Schools and have put my own three children through the system, as well as 2 of my now grown step-children. I have worked at Beth Israel Hospital for 20 years as a registered nurse. I have worked there alongside many Plymouth residents as I have gotten to grow over the years with their families, and consider many of them my closest friends, as well. I have also worked in other various avenues of nursing and have seen Plymouth through good and bad times of celebrations and tragic losses at a very intimate level.

Included in that intimacy with my town, is the opioid epidemic battle we fought. After the loss of my own sister and many other Plymouth Residents, I decided to speak openly about the epidemic and wrote a book regarding our lives in Plymouth during that situation. The Book: The Story of Red Tail Hawk has been used at various speaking events around Plymouth including prom nights and author nights at the high schools. I also spoke at Hanscom Air Force Base, South Shore Hospital, and the Massachusetts Hospital Associations Yearly meeting in 2017. Most recently, I presented for Womenade of the Pinehills this past September where we raised \$1400 for a Plymouth student in need, and then on the Substance Abuse Panel at Plymouth North on November 19.

Also, I have served on Plymouth Youth Development Committee since 2014 in various aspects. I was a vocational technical teacher myself at Silver Lake High School from 2018-2022 where I built and taught an Allied Health Program which is still thriving today. Finally, I was VP on the Plymouth Recovery Center's board of directors when we originally opened as the first and only recovery center in Plymouth in 2017. I am dedicated to the preservation of health and wellness as well as the advancement of our community's potential in all aspects.

I believe strongly that children are the future of our community and worth every ounce of investment we put into them. I have unique experiences that I believe will add to the School Board in my own personal ways. For these reasons, I am confident in my own abilities and hope to be allowed an opportunity to serve on the Plymouth School Committee. Thank you for your consideration.

Sincerely,  
Kathryn Morini R.N., B.S.N  
508-317-8296

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500-217-8238  
Kathryn M. M. M.  
500-217-8238

## Kathryn Morini

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### Skills

I have a strong background in nursing experience ranging from geriatrics to education to cardiac. I have a long list of leadership skills and experience as I have been a Manager, Assistant Director of Nursing, intermittent Director of Nursing, Supervisor and teacher. I am a life long learner that can confidently navigate a situation safely and effectively for the best outcomes. I am able to manage *emergencies outside of routines and lead coworkers, following policy as well as ethics.* I have strong communication skills and a true enjoyment for mentoring and creating a warm and compassionate atmosphere. I have a strong grip on situational awareness and an ability to manage multiple areas of emergency simultaneously. I am a strong public speaker and not afraid of challenging situations.

2000-2004

#### Company Name, Location - *Quincy College*

- Obtained CNA license through Career Visions and worked as a CNA at Beverly Manor Nursing Home while waitressing and going to school full time and supporting myself
- Graduated nursing school in 2004

November 2004 - current

#### Beth Israel Deaconess Plymouth - RN

- Variety of roles over the last 19 years that encompass growth
- 2004-2011 charge nurse on oncology/ urology unit, telemetry and am peritoneal dialysis certified as well as oncology certified through Dana Farber.
- Skills- telemetry, assessments, admissions/discharges, iv placement, lab interpretation, *care planning, interdisciplinary care planning*
- 2011-2014 per diem RN while learning management at long term care facilities
- 2014-2022 Nursing Supervisor at BID Plymouth 24 hours a week while working elsewhere, again to broaden knowledge, improve leadership skills, and obtained a BSN in nursing
- *Supervisor roles include:* staffing, de-escalation of patients, employees and visitors, bed management/flow, IV line starts for difficult placement, teaching of newer nurses, responding to all rapid responses, codes and code strokes, initiating STEMI team and OR/PACU call-ins for cases, material disbursement and general oversight of all hospital staff including housekeeping, maintenance, nursing, clerical and security. Knowledge of safety procedures and emergency procedures, patient rights, and bed flow.
- Communication with various department leaders and staff, relationship building and mutual respect and understanding of roles

2014-2022 became fluent in policy and procedure, organized food drives for staff during covid years, organized staff during shortages, studied infection control, and tracking, organized community support with donations and parade participation, delegated when needed, attended leadership meetings and attended classes in education, helped to build staff morale through difficult times

- 2022-current- took a full- time job as a Cardiac Cath Lab RN
- Knowledgeable in cardiac disease, modifications and treatments
- Working in a sterile environment when needed
- Engage in a variety of critical care scenarios such as STEMI call, pacemaker placement, assessments, medications and communication and learned equipment such as FFR/IVUS
- Learned to document hemodynamics in McKesson system

2011-2015

### **Long Term Care**

Managed 45 bed subacute unit 2011-2012 for Life Care Centers

Served as buildings wound nurse, overseeing all pressure ulcers and surgical wounds until resolved

Learned Medicare and Medicaid guidelines

Oversaw weight and nutrition rounds weekly

Learned to report events to DPH and resolve/conduct investigations

ADON and interim DON ( Director of Nursing) from 2012-2014, overseeing daily rounds and managers, staffing and all areas of concern while assisting with coverage of other buildings in survey window as needed

Became dementia certified

2014-2015 ADON of Cape Heritage and manager of opening dementia unit of 45 patients

Communicated with families, hospice agencies and so-workers while also taking nursing assignments

2015-2021

### **South Shore Hospital – RN**

- Float nurse for the hospital needs 2015-2018 across inpatient units
- Able to adapt quickly to a variety of patient care needs throughout the hospital
- Became aware of other hospital's procedures that work, and don't work, to allow for take aways into my own practice
- Completed Grow Your Own Critical Care Trauma training and worked ICU for 6 months post training

2018-2023

Silver Lake High School

Developed and Certified through DPH and Dept of Education. an Allied Health program for grades 9-12 for the Kingston, Halifax and Plympton communities

Taught grades 9-12 successfully graduating over 90% of students with CNA licensure

Developed curriculum for grades 9-12 as the only creator of the program

Obtained preliminary teaching license through the state of Mass.

Stop the Bleed instructor certification holding classes for staff and students

Organized and performed clinical education, OSHA training and Hand in Hand dementia training

Worked with MHC for Allied Health Club to meet standards and goals over each year

## Education

September 2000 - June 2004

**Quincy College, Quincy-** *ADN (nursing)*

Completed RN Program and passed NCLEX exams

September 2011 - June 2015

**Curry College, Plymouth-** *BSN (nursing)*

Obtained my BSN in nursing

September 2022 - Current

**University of New Haven, New Haven, Conn.-** *Emergency Management Masters Program*

Masters of Emergency Management for First Responders - Homeland Security and FEMA degree being accomplished presently, to be completed in June 2025

Current BLS, ACLS

## Awards

-Peter Chapman award for community involvement 2017 for Beth Israel Hospital

-Teacher of the Month 2018 Silver Lake High School

## Other-

**Author- The Book: The Story of Red Tail Hawk**

Self- written book using real life experiences of trauma and addiction to help others in need. This book has allowed me to reach out to those in need and open communication

dialogue between middle school aged, high school and college aged family members and school professionals for mediation and risk assessment of our youth and the opioid crisis. . Endorsed by Learn to Cope, Northeastern University and Spoke at Hanscom Air Force Base and at the Massachusetts Hospital Association yearly meeting 2017. Opened Plymouth Recovery center in 2017 which is still functioning in downtown Plymouth. Sat as a nurse on the State's anti-vaping campaign in 2018-2019 to educate youth on the dangers of vaping and ran and held informational classes at BID-P.

I have sat on PYDC to serve Plymouth and surrounding communities since 2014. I was VP of the original Plymouth Recovery Center. I began my work life as a youth leader at the Plymouth Boys and Girls Club and have served as a mother, wife, and community member in this town for decades. I have 3 children and 2 stepchildren that all attended Plymouth Schools and I am well versed on the resources, challenges, and barriers our *students, teachers and parents* face. I would like an opportunity to help the town's schools grow and flourish for years to come. My Masters Degree in Emergency Management (finishing this year) has further allowed me to coordinate efforts in a community for success and sustainability in any situation. Thank you for the opportunity.

References:

Carilyn Rains friend/colleague 508-728-2250

Kim Lachance friend/RN case manager at BID Plymouth-951-1826

Kate Day RN coworker at BID cath lab-774-240-1054

Cheryl Bartlett RN, CEO New Bedford Health Care Systems 508-325-2181

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Amanda Davis